



Of Western Lake Erie Toledo Sail and Power Squadron



The Breeze

Summer Fun/Heat

Summer has been with us for about a month now, we've some of the hottest days through June and July. Most of us have been outside enjoying the weather on our boats, going to rendezvous all over Lake Erie and beyond. We have been doing cookouts sitting back and enjoying a cold beverages. One thing we forget to do is not drinking enough water to prevent **heat emergencies!** We get hot from outside activities and then we go back to the boat or house and sit by the air conditioner once we feel cool down we go back outside to the heat to continue what were doing. Then we wonder why at the end of the day that we have headaches, cramps and tiredness. We are lucky on that day we didn't have any of the four types heat emergencies: HEAT CRAMPS, HEAT EXHAUSTION or a HEAT STROKE! Here are some of the descriptions of the four types of heat emergencies:

Heat Cramps

Heat cramps are the earliest sign of heat illness. Heat cramps may also be a symptom of heat exhaustion. Heat cramps are hard, tense, and painful muscle spasms of the hands, calves, feet, thighs, or arms. Early and appropriate first aid includes rest, moving to a cooler location, removing excess clothing (including PPE), and drinking a carbohydrate-electrolyte drink, such as Gatorade® or Pedialyte® or water if that is not available. Stretching, icing, and massaging the muscles often provides relief of pain.

TOLEDO SAIL & POWER SQUADRON 2025 BRIDGE

Commander:

Stf/C Jonathan Bensman, AP,
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LT/C Howard Zibbel, S
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Secretary:

LT/C Mary Schaller, S
Home: 419-265-7333
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Treasure: **LT/C Darcy Ulrich, P**
Email: sailingdarcy@aol.com

2025 EXECUTIVE COMMITTEE

Lt Michael Schabeck, AP
Lt Daniel Strohmeier, S
Lt Frank Czerniejewski, P
Lt David Pawlowski P

"THE BREEZE" This official publication of The Toledo Sail & Power Squadron is published 12 months per year. **Deadline to submit articles is the 10th of the month.** Send articles to Breeze Editor: **Jonathan Bensman, AP** Cell: 419-351-8928 email: jonbensman@gmail.com

Squadron Meeting Dates and Times

July –August 2025 No General Mtg

July 29, 2025 Executive Mtg 1900 @ Toledo Port Authority

Aug 26, 2025 Executive Mtg 1900 @ Toledo Port Authority

Sept 2, 2025 General Mtg 1730 @ Ottawa River Yacht Club

Sept 30, 2025 Executive Mtg 1900 @ Toledo Port Authority

Oct 7, 2025 General Mtg, 1730 @ Jolly Roger Sailing Club

Oct 22, 2025 Executive Mtg. 1900 @ Toledo Port Authority

Nov 4, 2025 General Mtg. 1730 @ TBD

Nov 26, 2025 Executive Mtg. 1900 @ Toledo Port Authority

Dec 13, 2025 Christmas Party Carranor Hunt & Polo Club

Jan 10 2026 Change of Watch, 1200-1600 Oliver House

Websites

Toledo www.toledosailandpower.com
District 29 www.usps.org/localusps/sds-D29
National www.usps.org

The USPS® Mission To promote recreational boating safety through education and civic activities while providing fellowship for our members

Toledo Sail and Power Squadron Summer Council Report

Commanders Message

Commander:

Stf/C Jonathan Bensman, AP,

Cell 419-351-8928

Email: jonbensman@gmail.com



Executive: The squadron has done over 40 VSC awaiting 13 confirmations from National at this time. We have requested more VSC stickers till we 8 more confirmed.

Administration: Our general meetings the past 3 months have at least 30-40 members in attendance, plus guest speakers at the last 3 meetings

- a. Membership: 9 new members joined in the past 3 months. We been pushing hard for members to join from the classes we have taught.
- b. Cruises: Sandpiper Sunset Cruise – August 5, 2025
Gul-Burger Day at Meinke Marina – July 26, 2025
Join us at Meinke Marina (10955 Corduroy Rd., Curtice, OH 43412) for their legendary Gul-Burger Day! TSPS will host a booth at the event to promote our organization.
- c. Member Involvement: The squadron is working hard to get new members involved in squadron activities, rendezvous and cruise,

Treasurer: The audit was completed and no discrepancy were found, TR 90 was submitted in June.

Secretary: "The Breeze" is published monthly and the web site is up and running(still a work in progress}. All secretary reports are up to date.

Education: First Mate/Captain Seminar was completed in June, Seamanship Course was completed with 8 completed the course.

Respectfully Submitted

Stf/C Jonathan Bensman, AP

Commander, Toledo Sail and Power Squadron



Executive Officer



Hello All Boaters,

Executive Officer:
LT/C Howard Zibbel, S
 Cell 419-261-9059
 Email: hzibbel@yahoo.com



Well, We've had our Vessel Safety Check on Pizzaz! Unfortunately, we received a paper copy not a sticker as we are extremely low on stickers. I would like to personally like to thank all our Examiners. I'm sure John will secure more stickers when possible.

On other issues, we had to cancel the Lake St. Clair and Clam Diggers Rendezvous as Brian and Dan were unable to secure docking and Dave and Vickie had date conflicts on Clam Diggers. We are planning on a Middle Bass and Leamington Rendezvous for July 18, 19 leaving Leamington on the 20th. And staying on Middle Bass July 17 and the 20th. We need to know who's interested in order to secure docking. If you'd like, stay only at Middle Bass. We know it's short notice so your cooperation is greatly appreciated.

Respectfully Submitted,

Executive Officer

Howard Zibbel

Treasure: **LT/C Darcy Ulrich, P**
 Email: sailingdarcy@aol.com



May treasurers report was given at the June 3rd General Meeting. Income totaled \$460.40 (Ships Store and USPS dues deposit were the big contributors). Expenses totaled \$637.88 (big hit was for storage, next payment due January 1, 2026).

Respectfully submitted,

Darcy Ulrich, Treasurer

TSPS

Cruise PARTY

Come join us for an unforgettable experience on the Sandpiper . Enjoy a fun-filled evening with music, pizza and friendships! cruising the Maumee River.

1 Jefferson Ave. Toledo, Ohio 43604

TICKETS \$30.00 EACH

YOU MAY BRING
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INCLUDING
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BOARDING
6:15PM
LEAVE DOCK
6:30-8:30PM



TUESDAY
AUGUST 5, 2025

**RSVP BY
7/15/25**



LUCRUS@BUCKEYE-EXPRESS.COM

Tickets may be paid in cash or check
payable to TSPS

Administrative Officer

Administrative Officer:
LT/C Amy Watkins-Gross, S
Cell: 419-290-0300
Email:
amybethwg@gmail.com

**Hello TSPS Friends!**

We hope you're enjoying a fantastic summer and had a wonderful 4th of July!

Upcoming Events**Sandpiper Sunset Cruise – August 5, 2025**

The Sandpiper trip is booked! If you haven't reserved your spot yet, please contact **Lucia** right away. Friends and family are welcome!

A few **VERY IMPORTANT** reminders:

- Allow plenty of time to walk to the boat.
- Boarding begins at **6:15 PM**, and we **depart promptly at 6:30 PM**—no exceptions.
- Full details can be found in the attached flyer.

We'd love to have you aboard!

Gul-Burger Day at Meinke Marina – July 26, 2025

Join us at **Meinke Marina (10955 Corduroy Rd., Curtice, OH 43412)** for their legendary Gul-Burger Day!

TSPS will be hosting a booth to promote our organization. It's a fun, casual way to connect with others—and volunteering for just an hour or two is a great way to **earn a Merit Mark!**



The Education Department will be working next years educational calendar in the upcoming month,

Education Officer

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Assistant Education Officer

Lt Phyllis Zibbel, S
phylzib@yahoo.com
Cell: 419-261-9060

Secretary:

LT/C Mary Schaller, S

Home: 419-265-7333

Email:

specsfall@aol.com



Squadron Members,

If anyone is interested in being in charge of our monthly 50/50 Raffles please let me know. It's a fun way to meet all the members.

America's Boating Club

Toledo Sail and Power Squadron

General Meeting June 3, 2025

The meeting was called to order by Commander Jon Bensman at 7:31 pm. The pledge was lead by Commander Bensman. Mr., Bensman asked if we have a quorum? Yes we do.

Secretary's Report

Frank Czerniejewski moved to accept the minutes of the previous meeting as written and the motion was seconded by Clark Gross. The minutes were approved unanimously.

Ex. Officers Report

6 vessel safety checks were done at Riverview Yacht Club today. 27 people attended our shake-down cruise at Put In bay. We had 8 boats.

Educational Officer's Report

We will host a First Mates Seminar on June 4th at Anchor Point Marina.

Administrative Officer's Report

Our next meeting will be in September. We have scheduled an evening on the Sandpiper for August 5. A deposit of \$708.00 is required. Amy Gross moved to pay the deposit and the motion was seconded by Howard Zibbel. The motion passed with one member voting No. There are copies of the City Paper and Erie Island Shores Magazine for anyone interested.

Membership

Vickie Pawlowski reported we have 17 new members and she is working on a membership drive contest through National. Thank you Vickie for your hard work.

Treasurers Report

Darcy Ulrich is ordering name tags for new members. National would like all squadrons to use Burns & Wilcox for insurance to get better pricing. Ms. Ulrich report our income and expenses for the month of May 2025. Jim Colston moved to approve the Treasurers Report and the motion was seconded by Frank Czerniejewski. The motion was approved unanimously.

Commanders Report

Commander Jon Bensman is working on his report for District next month. All Breeze articles' are due by the 10th of each month.

Rules

Bill Paben reported that all changes have been sent to District. Our Standing Rules changes have been approved .

New Business

Joe Schaller had questions about our insurance. Jon Bensman is looking into it. Mr., Schaller suggested asking John Mather to look at the policy.

Good of the Squadron

The scheduled date for our trip to Clamdiggers will be changed.

If you are interested in going to Lemington please let Dan Stromeier know.

Adjourn

Frank Czerniejewski moved to adjourn the meeting and the motion was seconded by Clark Gross. The motion was approved unanimously.

Respectfully Submitted,

Mary Schaller

Exertional Dehydration

Exertional dehydration occurs when a person loses more fluids than they take in and the body does not have enough fluids to work properly. In adults, the symptoms of exertional dehydration include feeling very thirsty, dry mouth, urinating and sweating less than usual, dark-colored urine, dry skin, feeling tired, and dizziness. If the trained first aid provider suspects a responsive person is dehydrated due to a hot environment, encourage the person to rehydrate by drinking a carbohydrate-electrolyte drink, or water if that is not available. Dehydration can be mild, or it can be severe enough to be life-threatening. If the person has an altered mental status or loss of consciousness, follow the adult first aid procedure. Immediately provide appropriate first aid.

Heat Exhaustion

Heat Stroke Heat exhaustion can occur as a combined result of a rising internal temperature and dehydration. Symptoms include nausea, dizziness, muscle cramps, presyncope, headache, fatigue, and heavy sweating. Heat exhaustion is a serious condition because without early recognition and treatment, it can quickly progress to heat stroke, a life-threatening condition. Have the person stop any activity and move to a cooler place, preferably an air-conditioned environment. Loosen or remove excess clothing, including occupational PPE. Have the person lie down. Spray water on or apply cool, wet cloths to the head and torso. Use a fan to increase the cooling effect. If the person can follow simple commands and swallow without trouble, encourage them to drink a carbohydrate-electrolyte drink, or water if that is not available. In most cases, the person's condition will gradually get better. If the person does not improve or seems to get worse, follow the adult first aid procedure. Immediately provide appropriate first aid.

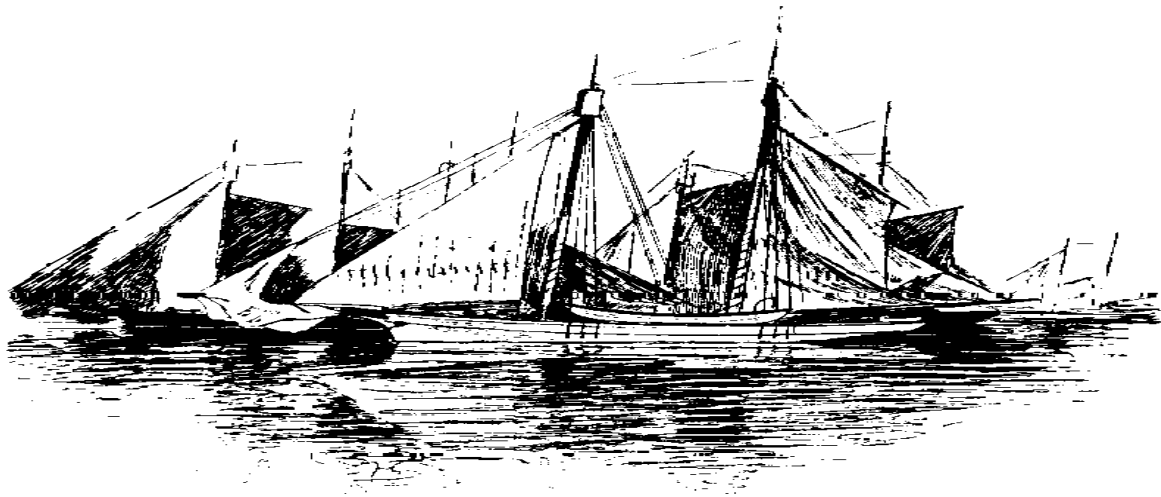
Heat Stroke

Heat stroke is a life-threatening medical emergency with a fatality rate of up to 71%.⁶⁶ Heat stroke includes all the signs and symptoms of heat exhaustion plus confusion, syncope, and seizures.

To know more about heat emergencies take a first aid class.

Boat Shows for the year 2025:

1. Metro Boat Show Lake St. Clair Metropark-September 11-14,
Admission \$10.00
2. Orlando Boat Show-April 4-6, Tickets were \$10.00 last year.
3. Miami Boat Show February 12-16 Tickets start at \$70.00 and
go up to \$300.00.



July 25-27 – Sandusky cruise. Contact Chris Hoover for details. cshoover@yahoo.com

August 8-10 – Kelley's Island cruise. Contact Chris Hoover for details. cshoover@yahoo.com

September 5-7 – Mary Strohmeier Memorial Cruise. Contact Phyllis Zibbel for details. phylzib@yahoo.com or (419)261-9060



July 2025

Mon Tue Wed Thu Fri Sat Sun

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29 Executive Board Mtg 1900	30	31			

August 2025

Mon Tue Wed Thu Fri Sat Sun

				1	2	3
4	5 Sandpiper Cruise 1915	6	7	8 Kellys Island Cruise	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 Executive Board Mtg 1900	27	28	29	30	31



WHO SAYS FALL HAS TO BE HOT!

JOIN US FOR THE 2025 FALL GOVERNING BOARD MEETING IN GRAND RAPIDS, MI

SEMINAR TOPICS

NEMA

MODERN MARKETING TO PROMOTE YOUR
SQUADRON

UPDATE: VSC PROGRAM

UPDATE: MERIT MARKS

COOP CHARTING - HANDLING YOUR FINDINGS

UPDATE: NEW EXAM GEN

SQUADRON AND DISTRICT WEBSITE UPDATES

THE POWER OF ONE

EBOOKS 2.0

ENTERTAINMENT:

SWEET ADELINES

VIOLINIST AVELINE SCHIENK

BOOK BY AUGUST 4TH

CLICK ON THIS IMAGE FOR MORE
INFORMATION!

America's Boating Club National Meeting – Fall Governing Board September 4-7, 2025 Love to travel? Don't do it alone! Come to Grand Rapids, Michigan and meet up with other single travelers and friends! Enjoy the area while enjoying the company of existing friends while meeting new ones, too! Some of the highlights of the meeting are the visiting the Frank Lloyd Wright house "Meyer May", taking in a high triple A team baseball game – "western Michigan Whitecaps", Grand Rapids Public Museum and Planetarium, Gerald R Ford Presidential Museum and finish the week with a performance by the Sweet Adelines! Oh yeah, there will be movie time, meals and well, Michigan in Fall! Who could ask for anything else! For more information, check out <https://portal.americasboatingclub.org/>.

Friends of the Breeze

**Frank & Loriann
Czerniejewski
"Blessed"**

"CONCUBINE"

**Howie & Phyllis Zibbel
"Pizazz!"**

Clyde & Debra Shaulis

**Bill and Deb Paben
"Forever Safe Boating"**

Keith & Lucia Rooks

Greg & Kelly Arndt

Don and Jan Leutz

**Richard & Connie Alleshouse
"CRESCENDO"**

**Jeff and Darcy Ulrich
"Steel Away"**

**Clark & Amy Gross
"Fine-A-Lei"**

**Jon & Cindy
"Usdi Baby"**

**Dennis & Chris Johnson
"Lucy Lou"**

**Joe & Mary Schaller
"Tailgate"**

**"Pier Bliss"
Brian, Lisa & Andrew**

**"Mona Lisa"
Brian, Lisa & Andrew**

**"The Grocery Getter"
Brian, Lisa & Andrew**

If you would like to become a "Friend of the Breeze", your \$20 contribution will receive a full year of sponsorship listing. Please indicate the exact manner (UPPER & lower case) in which your name should appear. Send your \$20 per listing fee made payable to TSPS to : c/o Darcy Ulrich. P Email: sailingdarcy@aol.com.



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